**MBTI ACTIVITY DIRECTIONS**

1. Go to: <http://www.humanmetrics.com/>
2. Under Jung Typology section Click “Take Test”
3. Answer quickly and honestly don’t over-think it
4. Click “Score It”
5. Record your 4 letter score \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. Then Click *example* [ENFP type description by D.Keirsey](http://keirsey.com/handler.aspx?s=keirsey&f=fourtemps&tab=3&c=champion)
7. Click on *example* **More About Your Idealist Champion Personality:**  [Best Job Fit for Idealists](http://www.keirsey.com/personalityzone/wz21.asp) (your may say guardian, rational, artisan, or idealist)
8. With a partner or small group answer the following questions:
   1. What did you discover about your personality preference?
   2. According to your type what types of career fields and occupations are you attracted to?
   3. Are there any discrepancies between your predicted Jungian type and your real life?
   4. What have you learned about yourself and your major of choice upon reading your profile?
   5. Write down 3 jobs that interest you

*We won’t have time for this today but the next steps would be*

1. Go to: <http://www.bls.gov/oco/>
2. For each of the 3 jobs you wrote down answer the following…
   1. the training and education needed
   2. earnings
   3. expected job prospects
   4. what workers do on the job
   5. working conditions

(You may wish to create a table or chart)

**HELPFUL LINKS:**

[**http://www.myersbriggs.org/using-type-as-a-professional/**](http://www.myersbriggs.org/using-type-as-a-professional/)

[**http://www.synergyleaders.com/**](http://www.synergyleaders.com/)

[**http://www.keirsey.com/drdavidkeirsey.aspx**](http://www.keirsey.com/drdavidkeirsey.aspx)

**EXAMPLES:**

|  |  |  |  |
| --- | --- | --- | --- |
| **YOUR TYPE** | | | |
| E | N | F | P |
| **Strength of the preferences %** | | | |
| 67 | 50 | 75 | 11 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| [ENFP type description by D.Keirsey](http://keirsey.com/handler.aspx?s=keirsey&f=fourtemps&tab=3&c=champion)  [ENFP Identify Your Career with Jung Career Indicator™](http://www.humanmetrics.com/vocation/JCI.asp?EI=67&SN=-50&TF=-75&JP=-11)  [ENFP Famous Personalities](http://www.humanmetrics.com/vocation/JCI.asp?EI=67&SN=-50&TF=-75&JP=-11)  [ENFP type description by J. Butt and M.M. Heiss](http://typelogic.com/enfp.html) | | | | |
| **Career** | | **Educational Institutions** |
| **Social Service** | | |
| Journalist/Reporter |  | |
| Psychology |  | |
| Counseling |  | |
| Fitness & Nutrition |  | |
| Recreation Specialist |  | |
| Social Work |  | |
| Education |  | |



Like the other Idealists, **Champions** are rather rare, say three or four percent of the population, but even more than the others they consider intense emotional experiences as being vital to a full life. Champions have a wide range and variety of emotions, and a great passion for novelty. They see life as an exciting drama, pregnant with possibilities for both good and evil, and they want to experience all the meaningful events and fascinating people in the world. The most outgoing of the Idealists, Champions often can't wait to tell others of their extraordinary experiences. Champions can be tireless in talking with others, like fountains that bubble and splash, spilling over their own words to get it all out. And usually this is not simple storytelling; Champions often speak (or write) in the hope of revealing some truth about human experience, or of motivating others with their powerful convictions. Their strong drive to speak out on issues and events, along with their boundless enthusiasm and natural talent with language, makes them the most vivacious and inspiring of all the types.

Fiercely individualistic, Champions strive toward a kind of personal authenticity, and this intention always to be themselves is usually quite attractive to others. At the same time, Champions have outstanding intuitive powers and can tell what is going on inside of others, reading hidden emotions and giving special significance to words or actions. In fact, Champions are constantly scanning the social environment, and no intriguing character or silent motive is likely to escape their attention. Far more than the other Idealists, Champions are keen and probing observers of the people around them, and are capable of intense concentration on another individual. Their attention is rarely passive or casual. On the contrary, Champions tend to be extra sensitive and alert, always ready for emergencies, always on the lookout for what's possible.

Champions are good with people and usually have a wide range of personal relationships. They are warm and full of energy with their friends. They are likable and at ease with colleagues, and handle their employees or students with great skill. They are good in public and on the telephone, and are so spontaneous and dramatic that others love to be in their company. Champions are positive, exuberant people, and often their confidence in the goodness of life and of human nature makes good things happen.

|  |
| --- |
| **More About Your Idealist Champion Personality:** [**Best Job Fit for Idealists**](http://www.keirsey.com/personalityzone/wz21.asp) [Idealist Strategies for Dealing With Stress at Work](http://www.keirsey.com/personalityzone/wz33.asp) [Idealist Women and Romance](http://www.keirsey.com/personalityzone/lz23.asp)    BEST JOB FIT:  People naturally confide in the **Champion (ENFP)**.  That's why they make such good mediators, counselors, teachers, consultants, and reporters. Any position that outreaches to others can fit the Champion. They can be columnists, journalists, publicists, copy writers, advertising account executives. In the arts they can be character actors, cartoonists, art educators. If they choose jobs such as restaurateur, be sure that their business sites will be unique and designed for a particular type of customer. Don't be surprised to see them as an inventor. This type of personality wants to experience the whole of life and may change careers more often than many other types. Says Charles, "I've had a number of jobs and when there is nothing left to create, I move to something new. I want my life to be spiced with newness, love, and joy." |